

SAMPLE COLLECTION HOW-TO GUIDE

HEALTHCARE PROVIDERS

1. **Verify your patient's eligibility.** Patient (1) is 18 years or older, (2) was diagnosed with Crohn's disease within the last 10 years, (3) has not yet experienced any serious Crohn's disease complications (defined as bowel strictures, internal penetrating disease, or non-perianal surgery (bowel resection or stricturoplasty))^{1,2}, and (4) is on a commercial healthcare plan or uninsured. *Beneficiaries of any state or federal health insurance program (including, but not limited to, Medicare, Medicaid, Department of Veterans Affairs, Coast Guard, Public Health Service, or Department of Defense) are excluded from participating in this program.*

Proceed only if ALL criteria met. Otherwise STOP, test will not be processed if submitted.

2. **Complete sections 1 – 4 of the CDPATH Test Requisition form included in the CDPATH shipping kit.** Other kit paperwork is for test processing only.
3. **Give all test kit materials to your patient** (including the How-To Guide, the completed CDPATH test requisition form and remaining paperwork/kit materials).
4. **Help your eligible patient find a participating location where the required blood draw can be done at no cost (see reverse).** Note: blood can be drawn at a non-participating location (e.g., your office) but then only the cost of sample shipping and test processing would be covered (phlebotomy charges would not be covered).
5. **Discuss results with your patient and encourage their participation in a disease management conversation.** CDPATH results are faxed or mailed to your office ~7 business days from the date the blood sample is received by the processing laboratory for testing. If results are preferred by email, contact CDPATH client services.

PATIENTS

1. **Schedule an appointment for the required blood draw.** Instructions are provided on the back of this guide.
2. **Take the CDPATH box and all included kit materials to your appointment.**
3. **Discuss your results and disease management options with your healthcare provider (HCP).** Your CDPATH results will be sent to your HCP ~7 business days after your blood sample is received by the processing laboratory for testing.

QUEST DIAGNOSTICS PHLEBOTOMISTS

1. **Review Quest Lab Directive and complete internal processing.** Required paperwork is included in the CDPATH shipping kit. NO BILLING TO PATIENT.
2. **Complete sections 5 & 6 of the CDPATH Test Requisition form per directive.**
3. **Collect and ship sample per directive.** Reminder: package and send the CDPATH Test Requisition form in the kit with sample.

PHLEBOTOMISTS AT NON-QUEST DIAGNOSTICS LOCATIONS

1. **Complete sections 5 & 6 of the CDPATH Test Requisition form.** Required paperwork is included in the CDPATH shipping kit (disregard Quest materials). NO BILLING TO PATIENT.
2. **Collect sample as instructed on the back of the CDPATH Test requisition form.** Reminder: package and send the CDPATH Test Requisition form in the kit with sample.

CDPATH™

CDPATH is a validated risk assessment tool* that helps adult Crohn's disease patients understand their potential risk for developing serious complications† within three years.

Personalized risk profiles, combined with a healthcare provider's clinical assessment, can facilitate more collaborative discussions about disease management.^{1,2}

Healthcare providers should not rely primarily on the risk predictions from CDPATH to make a clinical diagnosis or treatment decision regarding an individual patient.

CDPATH is offered at no cost to eligible patients.‡

Find a participating location and make an appointment for the required blood draw

Online Locator Tool

<https://www.cdpath.com/blood-draw-locations>



See below for online scheduling information per location.



- On scheduling website, select "All other tests" from list of options.
- Appointments must be between 8AM-1PM local time, Monday - Friday, not on (or the business day before) a major holiday - otherwise your appointment may be cancelled/rescheduled.
- Insurance information is not collected for CDPATH. Select "The person being tested will bring it to the appointment" OR "The person being tested doesn't have insurance" when prompted to finish scheduling.



- On scheduling website, enter "Prometheus Laboratories" when asked to "Select Lab/Client."
- Enter "CDPATH" when asked to "Add Test or Panel."
- Any of the days/times listed are supported for CDPATH blood draws.
- Do not try to use this site to schedule mobile phlebotomy appointments. Instead call CDPATH client services.

Need additional help?

Contact CDPATH client services for general program or scheduling support.
1-877-556-8766 | Monday - Friday 6:00 am - 4:30 pm PST



*The CDPATH risk assessment tool was developed and validated by Prometheus Laboratories Inc., a partner of Takeda, and has received approval from the New York State Department of Health (NYS DoH) as a Laboratory Developed Test (LDT). Test results are provided via Prometheus Laboratories Inc. to physicians.¹

†Serious complications are defined as bowel strictures, internal penetrating disease, or non-perianal surgery (bowel resection or stricturoplasty).^{1,2}

‡Beneficiaries of any state or federal health insurance program (including, but not limited to, Medicare, Medicaid, Department of Veterans Affairs, Coast Guard, Public Health Service, or Department of Defense) are excluded from participating in this program.

1. Data on file. Takeda Pharmaceuticals. 2. Siegel CA, Horton H, Siegel LS, et al. *Aliment Pharmacol Ther.* 2016;43(2):262-271.

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